

LIFESQUIRE'S SPACE CREATOR

This tool was created to help you identify what should be taking up space in your life or work and what is actually taking up space! We would love for you to share this tool with our team, so we can help align your goals and tasks with your ideal! You may find that it's helpful to create multiple copies of this tool for different areas of your life (like personal, work, businesses, philanthropic or family obligations, etc.).

FIND YOUR FLOW

AKA: the things you love to do and are great at!

FIND YOUR DAY JOB

AKA: the things you like and are good at!

FIND YOUR TRAP

AKA: the things you don't like to do, but are good at!

FIND YOUR WEAKNESS

AKA: the things you don't like and aren't good at!

WHY THE HECK ARE YOU STILL DOING THIS?

AKA: the little things that should have been delegated long, long ago!
